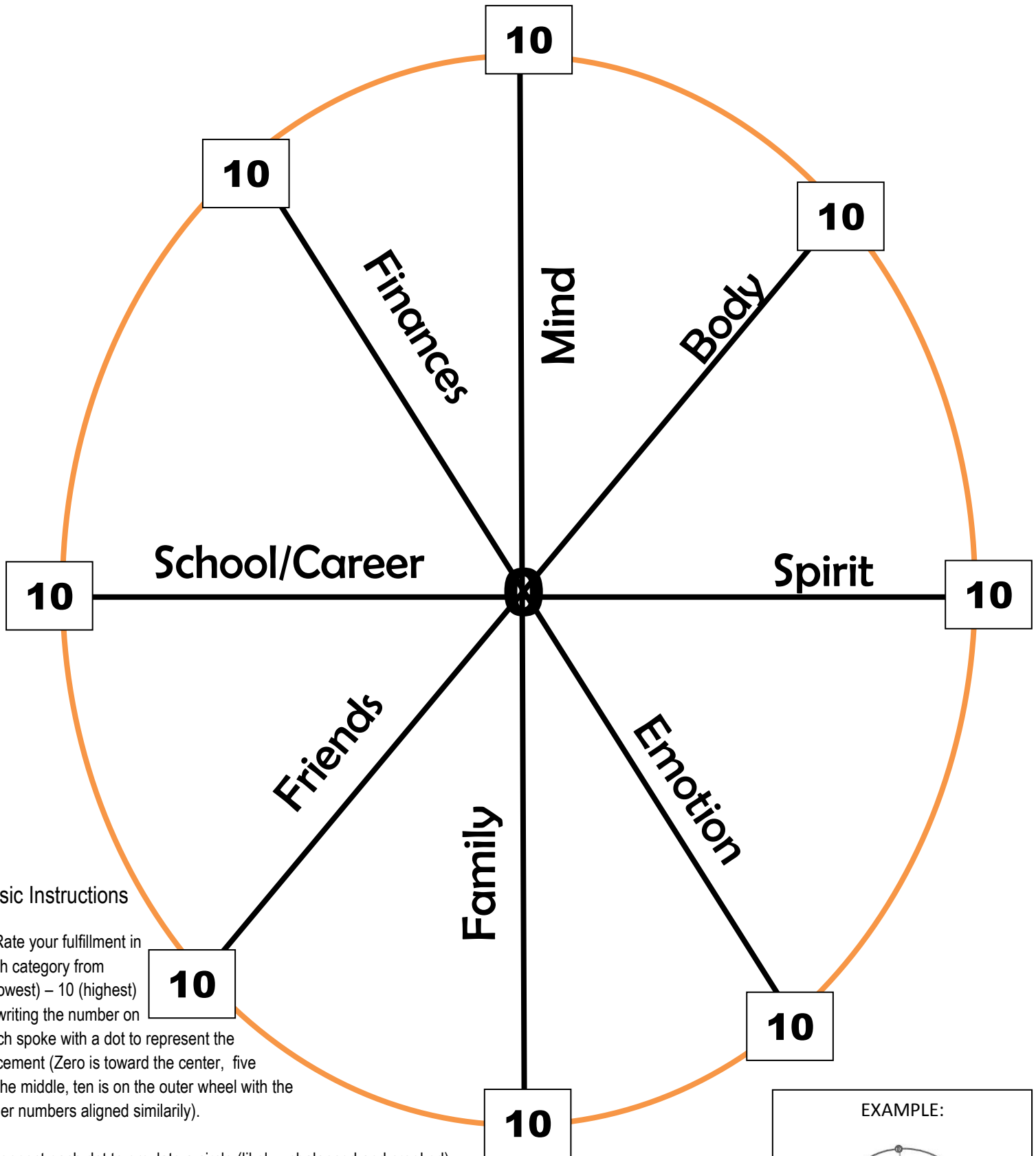


Personal Priority Wheel

Derived from "The Acorn Principle"



Basic Instructions

1- Rate your fulfillment in each category from 1 (lowest) – 10 (highest) by writing the number on each spoke with a dot to represent the placement (Zero is toward the center, five in the middle, ten is on the outer wheel with the other numbers aligned similarly).

2-Connect each dot to emulate a circle (likely unbalanced and crooked)

3-Get an average fulfillment gauge by totaling all numbers and dividing by eight. Record this total with the date and reassess over time.

4-Assess the areas of weakness, then create a plan with goals to become more fulfilled in these areas

EXAMPLE:

